

WEEKLY UPDATE

9/10/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this pandemic, 34 residents and 28 staff members have tested positive for COVID-19 and all have resolved. Fairfield has completed 10 weeks of weekly testing for the employees without any new cases. We have not had any new confirmed cases of COVID-19 in 117 days.

We are happy to report that we have been doing outside visitation for three weeks without any issues. Details of the outside visitation plan are below.

- Visitation must occur outside in our designated visitation area.
- Only 2 visitors are allowed per resident per visit. Visits will be kept to a maximum of 30 minutes per visit. Five simultaneous outdoor visits will be the maximum allowed. In the event a resident or facility staff member becomes positive, outdoor visitation will be stopped.
- Items in the visitation area will be cleaned and disinfected between visits with an EPA-registered disinfectant for healthcare settings with an emerging pathogens or human coronavirus claim or a 1:10 bleach solution. Employee's will clean and disinfect according to the manufacturer's instructions and facility policies.
- No food will be allowed in the visitation area.
- Visitations will be scheduled within the facility established days and times.
- Visits must be scheduled by the family/friend of the resident with the facility's designated scheduler
- Prior to and during the scheduling of outdoor visits, facility staff will inform visitors of the visitation guidelines and rules including social distancing, facemasks, and method in which violations will be addressed
- Prior to being allowed entry into the visitation area, visitors will be screened. Facility staff will be stationed at the patio entrance to screen visitors and take temperatures and ask screening questions.
- Any visitor that fails the screen will not be permitted to visit at that time.
- Once the visitors pass the screen, the employee will go over the visitation guidelines once again to ensure guidelines are being followed during visit.
- Visitors will be required to perform hand hygiene before and after each visit.
- Visitors and residents will be required to wear a face mask at all times.
- Once visitors have met all the requirements to enter the visitation area, then the facility staff will escort the resident to the visitation area.
- The visitation area will have marked areas in which visitors and residents have to remain placed at or behind to ensure social distancing will be maintained.
- Visitation will be supervised by a staff member to ensure resident safety and appropriate adherence to visitation guidelines are being followed.
- Physical contact is not allowed during visits.
- The visitation will be stopped immediately, visitors will be asked to leave the premises, and the resident will be placed on quarantine per CMS guidelines, if appropriate distancing is not maintained and/or visitor breaches precautionary guidelines.

Things to remember prior to visit:

- Facemasks are required to enter visiting area and must be worn at all times.
- Please use the restroom prior to visit, there is no access to the facility restrooms.
- Inclement weather may cause your scheduled visit to be cancelled and rescheduled at a later date.

- Social distancing is to be maintained at all times. You are not permitted to touch your loved one. Failure to adhere to Social Distancing Guidelines and stay at least 6 feet away will result in your visit ending and you will be asked to leave the premises.
- Absolutely no food is allowed in the visitation area.
- Wash your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitizer.
- No smoking allowed in visitation area.
- In order for a resident to qualify for outdoor visitation

As always, we are working hard to keep everyone in our community safe and we will continue to practice the enhanced safety precautions that are known to prevent the spread of COVID-19, such as only essential personnel are allowed inside the facility and we screen them for signs and symptoms of illness prior to entering. Our residents are continually monitored and staff is using PPE as recommended by the CDC. Staff is frequently reminded and encouraged to practice social distancing and to use hand sanitizer and frequently wash their hands when they are in the facility and out in the community. We ask them not to report to work if they have symptoms of illness.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (410) 923-6820.

Sincerely,

Charles Woodberry, MS., LNHA

Charles Woodberry
Administrator

WEEKLY UPDATE

9/16/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this pandemic, 34 residents and 28 staff members have tested positive for COVID-19 and all have resolved. Fairfield has completed 11 weeks of weekly testing for the employees without any new cases. We have not had any new confirmed cases of COVID-19 in 123 days.

We are happy to report that we have been doing outside visitation for four weeks without any issues. Details of the outside visitation plan are below.

- Visitation must occur outside in our designated visitation area.
- Only 2 visitors are allowed per resident per visit. Visits will be kept to a maximum of 30 minutes per visit. Five simultaneous outdoor visits will be the maximum allowed. In the event a resident or facility staff member becomes positive, outdoor visitation will be stopped.
- Items in the visitation area will be cleaned and disinfected between visits with an EPA-registered disinfectant for healthcare settings with an emerging pathogens or human coronavirus claim or a 1:10 bleach solution. Employee's will clean and disinfect according to the manufacturer's instructions and facility policies.
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- Visitors will be required to perform hand hygiene before and after each visit.
- Visitors and residents will be required to wear a face mask at all times.
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- In order for a resident to qualify for outdoor visitation

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Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (410) 923-6820.

Sincerely,

Charles Woodberry, MS., LNHA

Charles Woodberry
Administrator

WEEKLY UPDATE

9/2/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this pandemic, 34 residents and 28 staff members have tested positive for COVID-19 and all have resolved. Fairfield has completed 9 weeks of weekly testing for the employees without any new cases. We have not had any new confirmed cases of COVID-19 in 110 days.

We are happy to report that we have been doing outside visitation for two weeks without any issues. Details of the outside visitation plan are below.

- Visitation must occur outside in our designated visitation area.
- Only 2 visitors are allowed per resident per visit. Visits will be kept to a maximum of 30 minutes per visit. Five simultaneous outdoor visits will be the maximum allowed. In the event a resident or facility staff member becomes positive, outdoor visitation will be stopped.
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- Inclement weather may cause your scheduled visit to be cancelled and rescheduled at a later date.

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- Wash your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitizer.
- No smoking allowed in visitation area.
- In order for a resident to qualify for outdoor visitation

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at (410) 923-6820.

Sincerely,

Charles Woodberry, MS., LNHA

Charles Woodberry
Administrator

9/23/2020

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. Since the onset of this pandemic, 34 residents and 28 staff members have tested positive for COVID-19 and all have resolved. Fairfield has completed 12 weeks of weekly testing for the employees without any new cases. We have not had any new confirmed cases of COVID-19 in 130 days.

After what seems like forever, we are excited to welcome you back to *Fairfield Nursing and Rehabilitation Center* for visits with your loved ones! While our residents cannot wait to see you and we are looking forward to having our family members back at the facility, please understand visitations will be conducted very differently than in the past for the purpose of protecting our residents and staff's safety, as well as your own. As such, and in line with the most recent recommendations from CMS, please read below for some general visitation requirements and information that you should know prior to visiting your loved one.

At all times, especially during visitations, our facility will practice and enforce the core principles of COVID-19 infection prevention ("Core Principles"), which include but are not limited to screening all visitors for signs and symptoms of COVID and ensuring that visitors (1) practice hand hygiene; (2) use face coverings or masks that cover the mouth and nose; and (3) practice social distancing of at least six feet apart during the visit. Also, our facility staff will clean and disinfect high frequency touched surfaces and designated visitation areas after each visit and they will use appropriate PPE at all times.

OUTDOOR VISITATION

We will provide you and our residents the opportunity for routine outdoor visitation that adheres to the above-referenced Core Principles in a designated, accessible and safe out-door space that allows for privacy between you and the resident. For safety reasons, we may use barriers such as plexiglass to reduce the transmission of the virus during your visit. Also, in the event of inclement weather, a resident's compromised health status or a facility outbreak of COVID-19, we may be forced to delay, suspend or cancel visitation until the issue has resolved. We will provide you with as much notice as possible if this occurs, but please make sure to always call the facility and check the visitation status prior to coming to the facility.

INDOOR VISITATION

Because the risk for transmission and infection of COVID-19 is greater indoors, we encourage you and our residents to visit outdoors when possible. However, we will also offer indoor visitation using following guidelines and Core Principles as suggested by CMS:

- Indoor visitation cannot occur if the facility has any new onset of COVID-19 cases in the last 14 days or is conducting outbreak testing.
- All visitors must adhere to core principles referenced above in addition to any other facility specific safety requirements, which we will share with you prior to your visit.
- We may use barriers, such as plexiglass, to reduce the transmission of the virus during your visit.
- We will limit the number of visitors per resident and the number of visitors allowed in the facility at one time based on our size.
- We will schedule visits with time limits to allow all residents to receive visitors.
- We will limit the movement of visitors throughout the facility and provide routes to designated visitation area.
- There will not be visitation in shared rooms unless the resident cannot leave the room due to his/her health status.
- We will monitor our county positivity rate to help determine whether we can provide indoor visitation. If our county positivity rate is above 10%, indoor visitation cannot take place unless it is for compassionate care reasons.
- We may also monitor other factors that increase COVID-19 risk levels to include: rates of COVID-19 like illnesses, visits to the emergency department, or positivity rate of a county adjacent to the county where the nursing home is locate.

COMPASSIONATE CARE VISITS

Compassionate care visits are conducted indoors and could include visits with a family member who is struggling with changes in his/her environment and lack of physical family support, a visit with a grieving resident after the loss of a family or friend, visits to assist a family member that needs encouragement with eating or drinking because he/she at risk for weight loss or dehydration, or visits with a resident that is experiencing emotional distress. We will work with you to identify if there is a need for a compassionate care visit and we ask you to contact us if you feel like you or your loved one needs to schedule this type of visit.

SAFETY CONSIDERATIONS

Our residents are looking forward to seeing you and so are we! But please remember that our number one goal is to prevent the spread of COVID-19 in our facility to keep our residents and staff safe. As such, please understand we may be forced to restrict visitation or deny you entry to the facility if our county positivity rate rises above 10%, if we have an outbreak of COVID-19, if you are exhibiting symptoms of COVID-19, or if you fail to adhere to proper infection control practices. We will not restrict visitations without a clinical or safety reason. We want our residents to be happy, and we know that a visit from you will help make that happen – we just need to make sure it happens safely!

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we

will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

We will provide you with our facility's specific visitation procedures prior to your visit. In the meantime, if you have any questions or concerns please feel free to contact the facility at (410) 923-6820 and ask for *Charles Woodberry*.

Respectfully,

Charles Woodberry, MS., LNHA